

Your Facilitators




TRANSFORM YOUR LIFE

Dr. Tim Frank & Pamela Lancaster provide life-altering experiences for those on the path of self-exploration & Healing

Contact Us

Set up a Free Initial Consultation for more information.

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Professional Fees

Ketamine Assisted Therapy is an investment in you, your relationships, your family, and your life. Our fee is established by a combination of our education, knowledge, experience, expertise, and time.

We reserve the right to periodically adjust our fees and you will be notified of any fee adjustment at least 2 weeks prior.

The fee for any new clients and all clients Thomas Frank NMD is prescribing Ketamine RDT for out of office KAP who are working with other therapists is \$425.

Ketamine RDT refill sessions

30 minutes
\$250

Trauma/Ketamine Readiness Session

120 minutes
\$325

Trauma/Ketamine IV Intensive for existing clients

3 sessions *2 hrs each
\$1380
6 sessions *2 hrs each
\$2760

Ketamine IV "reboot" clients

6 sessions 2 hours each*
\$2660

KAT /Ketamine intramuscular injection

3 sessions 2 hrs each*
(\$1275)
6 sessions 2 hrs each *
(\$ 2550)

* Readiness session is a prerequisite*

Sacred Journeys

Center for Integrative Medicine
&
Psychedelic Therapies



"Knowing others is
Wisdom..
Knowing Self
is
Enlightenment"

Lao Tzu

"Sacred Journeys"

We strive to create and facilitate an individualized healing journey through which each person can recover a strong personal foundation in wellness. Each unique journey focuses on balancing and empowering the individual's physical, psycho/emotional, and spiritual being. This healing approach focuses on reclaiming the wisdom and truth of the human body and awakening its innate healing abilities.



"Our goal is to identify and treat the underlying cause of Dis-Ease & Illness."

Ketamine-assisted therapy



This revolutionary approach to mental health and wellbeing is a safe, legal, and effective, psychedelic therapy that is a game changer for the treatment of

- Depression,
- Post-traumatic stress
- chronic pain
- Addiction
- Anxiety

Current research supports that approximately 70% of patients receiving ketamine therapy can report "feeling better" during the treatment experience. 3 infusions are recommended prior to determining the efficacy of the Ketamine treatment. Most ketamine infusions are initially scheduled as a series of (6 infusions) within a 2-3 week period of time in order to provide relief anywhere from weeks to months. Some conditions, can be more challenging to treat and may require different infusion schedules, dosages and length of infusion times to maximize the patient's benefit.

Maintenance treatment varies per patient but typically involves a single infusion every 4-6 weeks.

Our approach

"Sacred Journeys"

We embrace a holistic approach to (KAT)
Ketamine
Assisted Therapy

By adding psychedelic journeys to an already robust Naturopathic Medical practice, we can better assist clients in healing from physical / emotional trauma-based wounds to new levels of healing & self-actualization

Synergistic healing modalities

- Psychedelic Integration Sessions
- Trauma resolution therapy
- Emotional and lifestyle counseling
- Acupuncture
- Sound healing and bodywork
- Homeopathy /flower essence
- Shamanic Ceremony

These methods work together to create new Neurological and Energetic pathways that support an individual's physical and emotional transformation.